

Awareness rally for de-addiction flagged off

Education can only eradicate evils of addiction: Sham Sharma

JAMMU BULLETIN NEWS
JAMMU, JUL 26:

As part of the Sanskrit Month, the Shri Kailash Jyotish Avim Vedic Trust organized an awareness rally for de-addiction on Friday, 26th July, from SD Memorial High Secondary School, Karwanda, Bhalwal, Jammu to Government High Secondary School, Bhalwal. The rally aimed to spread the message of staying away from addiction. In observance of Kargil Vijay Diwas, plants were also planted and distributed. The chief guest at the event was former minister Sham Lal Sharma, the guest of honor was Director of School Education Jammu Ashok Jammu, esteemed guest Vikram Sharma from the Jammu and Kashmir High Court Bar Association, and special guest SP Rural Jammu Brijesh Sharma. Other distinguished guests included Regional Director of Social Forestry Ravindra Singh Gorla, among others.



On this occasion, Sham Lal Sharma stated that only education can eradicate the evils of addiction. If one must be addicted, let it be to education, as it is a powerful path to progress. He also highlighted the invaluable contribution of Mahant Rohit Shastri in promoting and developing the Sanskrit language in India. Efforts should be made to promote Sanskrit, the foundation of all languages. Ashok Sharma praised the Trust's initiative to raise awareness about the harmful effects of drug use through the de-addiction rally. He further emphasized

that efforts should be made to teach children Sanskrit at home, and only then can we advise others to use this language. Vikram Sharma stated that addiction is the mother of crime. It is essential for children to receive moral education. By adhering to our values and moral education, we can surely stay away from addiction. Addiction harms not only the individual but also their family and society. Brijesh Sharma mentioned how addiction damages our physical, mental, economic, and family life. Efforts

should be made to help those trapped in addiction through strong willpower. He expressed hope that Mahant Rohit Shastri's efforts to promote Sanskrit would inspire others, and Sanskrit would once again become a prevalent language in Jammu and Kashmir.

Mahant Rohit Shastri mentioned that Sanskrit Day is celebrated every year on the full moon day of Shravan, and this year it will be celebrated on 19th August. The Trust has decided to celebrate Sanskrit month this year as

well, starting with the distribution of five thousand plants on 23rd July. Throughout the month, grand events will be held to promote the divine language, Sanskrit. The Sanskrit month will conclude on 19th August, the full moon day of Shravan. At this event, students from SD Memorial High Secondary School, Karwanda, Bhalwal, Jammu, and Government High Secondary School, Bhalwal, along with former Sarpanch Rajdev Singh, BDC Kuldeep Kumar, Shri Garota Arjun, Rakesh Gandotra, Dilbahadur Singh Jamwal, Vijay Gupta, Uttam Chand Sharma, Nigam Gupta, Pramod Sharma, Sunil Sharma, Prof. Sharad Sharma, Naresh Raina, Vijay Seth, Ajay Sharma, Narottam Sharma, Pawan Khajuria, Happy Singh, Sunil Sharma, Rahul Salathia, former Sarpanch Pratap Singh, Bhushan Jamwal, Bobby Singh, Pandit Devdutt Shastri, Rajiv Sharma, Saurav Singh, and other Trust members were present.

Keshav Chopra organizes free health check-up camp at Jammu Haat

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On the Occasion of 25th Anniversary of Kargil Vijay Diwas Today Chairman Samvedna Society Keshav Chopra organizes 85th Free Health Screening camp at Jammu Haat. The camp was inaugurated by General Manager DIC Jammu Virender Manyal JKAS. A medical team of experts including Dr Arvind Sharma Physician from Medanta Hospital Gurgaon and Dr Adhunik Gupta Physiotherapist examined the Employees and the Locals Visiting the office of DIC Jammu for their Routine Work, PFT (Pulmonary Function Test), ECG, Blood Sugar, Blood Pressure and other tests were also done.



The motive of the camp was to provide the best health care services to the Employees who are always busy in performing their duties. Samvedna Organizes this Health camp at their doorstep. More than 94 People were examined by Physician and 48 by Physiotherapist. Speaking on the Occasion Virender Manyal said "Health is Wealth" and only with good mental and physical health we can deliver the best and serve the nation in the best way. He also highlighted the importance of routine health check-ups and praised the Samvedna society's initiative to provide quality healthcare services to the employees at their doorstep. Speaking on the Occasion Keshav Chopra said that the Objective for Organizing Such Free Health Camps are to serve the Society and mankind. This Camp is dedicated to the

Martyrs of Kargil Who laid down their lives in the line of duty. Keshav Chopra assured that he along with his team will continue to conduct free medical camps in the future also so that maximum people can take advantage of it. Kuldeep Dubey, Manoj Gandotra, Tarun Gupta, Saksham Mahajan, Rupinder Kour, Sunaina Sharma, Govind Sharma, Ruhi Khajuria, Ankur Kalotra, Sandeep Singh (Asst Marketing Manager), Anju, Vikas Kumar, Muneet Kour, Manshu skolia, Ishrat, Priyanka, Akash, Manoj, Abhishek Gupta & others.

Rich Harvest School honours Kargil Heroes

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In a heartfelt morning assembly, the students, teachers, and management of Rich Harvest School paid tribute to the brave souls of Kargil on Kargil Vijay Diwas. The solemn ceremony began with a prayer led by Preeti Rajput Ma'am, who offered a moving remembrance of the nation's martyrs. Kanika from Class 8th recited a poignant poem, followed by a song by Parambhav of Class 6th. The students then sang the patriotic anthem "Vande Mataram," filling the atmosphere with national pride. Vice Principal Dr. Anita Sharma inspired the students with her own composition, "Ae Desh Ke Veero Jago," invoking deep patriotic fervor. Principal madam, Anita Bhatia ji delivered an emotional speech, narrating the sacrifices of soldiers' mothers and wives, and sharing the heroic story of Captain Vikram Batra, which left everyone deeply moved. She emphasized the daily remembrance and inspiration we should draw from these martyrs. Students penned heartfelt letters to the mothers of the martyrs, bringing tears to many eyes. The assembly concluded with two minutes of silence in honor of the fallen heroes, followed by the national anthem, leaving a profound impact on all attendees.

SMVDU organizes Magazine release and farewell ceremony of student Secretary of Hindi Cell

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Hindi Cell, Shri Mata Vaishno Devi University organized the release of its official Hindi magazine, Gyandhara and newsletter, Bhashai and bid farewell to student secretary, Milind Shukla. The magazine and newsletter are the regular feature of the publication of Hindi Cell at SMVDU which include motivational and informative reading material. In the same program, the farewell ceremony of the student secretary was also organized in the presence of Hon'ble Vice Chancellor, Prof. Pragati Kumar, Dean, Faculty of Humanities and Social Sciences, Dr. AK Das and Head, Department of Languages and Literature and Nodal Officer Hindi Cell, Dr. Anurag Kumar. Milind Shukla has been a student of mechanical engineering from the year 2020 to 2024. He has played the role of Student Secretary of Hindi Cell, General Secretary of Board for Student Publication and Coordinator in many clubs and societies. With his strong leadership, he empowered many societies and clubs. Hon'ble Vice Chancellor, Prof. Pragati Kumar congratulated and praised the Hindi Cell for the publication and appreciated the effective work done by Milind Shukla and wished him a bright future.

Kaith, others welcome Baba Swarnjit Singh of Tapsthan Gurudwara Manji Sahib at Chohala

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With Baba Swarnjit Singh of Tapsthan Gurudwara Manji Sahib, Himachal Pradesh (Gaddi Baba Wadwagh Singh Ji Maharaj) reached his native village Chohala today. Baba Ji was accorded a grand reception by R.L. Kaith, Vicky Kaith, Ramesh Chand, Janak Raj, Rakesh Kumar, Dhian Chand and others, who were overwhelmed to have a look at their Master whom they love so dearly. Baba Ji met with each and every devotee who had come to welcome him. During the visit, Baba Ji participated in a satsang. While addressing, he said, Today there is a need to bring a modern change in every individual because due to lack of change the society is heading towards downfall. He said that we definitely get associated with some Guru but are unable to understand his basic principle, therefore first we will have to understand the basic principle of the Guru and this is the only path that will take us to the door of the Supreme Father, the Almighty.

Satsang held at Chohala in memory of Santosh Kumari

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A Satsang was organised at Village Chohala here today in memory of Santosh Kumari, who left for her heavenly abode a few days ago. A large number of people hailing from different corners participated therein. Addressing the sangat, Patabhu Sarna Nand Ji Swami from Dina Nagar Punjab said, One who has taken birth is bound to die; and after death, he is sure to take birth again. One can, however, be freed from this painful continuation of repeated births through sincere spiritual practices. Those who are perfected on the path of gyan yoga, karma yoga and bhakti yoga, escape from the cycle of birth and death. In such a state of being, the ego created by ignorance, attachment and arrogance dissolves and the embodied soul realises his identity with the Supreme Self. Ignorance affects the individual soul and not the Super soul. Hence, in the state of perfection, a feeling of separateness vanishes. One is freed from the cycle of birth and death. On the other hand, those who are not perfect in yoga, they are born again and again, the Guru added. Among those who participated in the satsang were Baba Swarnjit Singh Ji of Tapsthan Gurudwara Manji Sahib, Himachal Pradesh, Master Azai Singh Motan, R.L. Kaith, Ex Sarpanch Tr Ravi Kaith, Sarpanch Ashok Kumar Kaith, Comrade Karnail Dass Kaith, Janak Raj Lakhotra, Rattan Lal Motan, Ramesh Chand Chanjotra, Rakesh Kumar Lakhotra and Dhyan Chand Lakhotra.

AESL celebrates 15 'glorious' years of ANTHER



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Marking 15 glorious years of its flagship scholarship examination ANTHE, Aakash Educational Services Limited (AESL), the national leader in test preparatory services, proudly announces the launch of the latest edition of the highly anticipated Aakash National Talent Hunt Exam (ANTHE) 2024. The popular and most-sought after exam offers students from Class VII-XII the chance to earn up to 100% scholarships along with significant cash awards, helping them achieve their dreams of a successful career in medicine or engineering. This year, an exciting addition includes a 5-day all-expenses-paid trip to the Kennedy Space Center in Florida, USA, for five outstanding students. The John F. Kennedy Space Centre, located in Florida, is one of the National Aeronautics and Space Administration's (NASA) ten field centres in the United States. ANTHE scholarship recipients will benefit from Aakash's extensive coaching programs, which prepare students for exams such as NEET, JEE, State CETs and scholarships like NTSE and Olympiads. Mr. Deepak Mehrotra, CEO and MD of Aakash Educational Services Limited (AESL), remarked, "ANTHE has played a crucial role in bridging the gap between the aspirations and abilities of countless students. Celebrating these 15 years of ANTHE, we have

worked to make our courses accessible to deserving students across the nation, regardless of their location. ANTHE enables students to prepare for NEET and IIT-JEE exams at their own pace, wherever they are. We anticipate strong participation in ANTHE 2024 and are dedicated to guiding students towards a bright future."

Celebrating its 15th successful year, ANTHE has a distinguished record of nurturing top achievers. Over the years, many of its students have excelled in prestigious examinations, including top ranks in NEET UG and JEE Advanced. Some notable achievers who enrolled in Aakash through ANTHE and secured top ranks are: Rishi Shekhar Shukla (JEE Advanced 2024 AIR 25); Krishna Sai Shishir (JEE Advanced 2024 AIR 67); Abhishek Jain (JEE Advanced 2024 AIR 78) among others. In NEET 2023, our top scorers were Kaustav Bauri (AIR 03); Dhruv Advani (AIR 05); Surya Siddharth N (AIR 06); Aditya Neeraje (AIR 27) and Aakash Gupta (AIR 28). ANTHE 2024 will take place from October 19-27, 2024, in both online and offline modes across 26 states and union territories in India.

In addition to scholarships of up to 100%, top scorers will also receive cash awards. ANTHE offline exams will be conducted on October 20 and 27, 2024 starting 10:30 AM to 11:30 AM at all 315+ centers of Aakash Institute across the country while

online exams can be taken from October 19 to 27, 2024 anytime during the exam window. Students can choose a one-hour slot convenient to them. ANTHE will be a one-hour test carrying a total of 90 marks and comprising 40 multiple-choice questions based on the grade and stream aspirations of students. For Class VII-IX students, the questions will cover subjects such as Physics, Chemistry, Biology, Mathematics and Mental Ability. For Class X students aspiring for medical education, the questions will cover Physics, Chemistry, Mathematics and Mental Ability, while for engineering aspirants of the same class, the questions will cover Physics, Chemistry, Mathematics and Mental Ability. Similarly, for Class XI-XII students who aim for NEET, questions will cover Physics, Chemistry, Botany and Zoology, while for engineering aspirants they will cover Physics, Chemistry and Mathematics.

The last date for submitting the enrolment form for ANTHE 2024 is three days before the commencement of the online exam and seven days before the offline exam. The exam fee is INR 200 for both offline and online mode. Students can also avail a flat 50% discount on the registration fee if they register before 15th August 2024. Results for ANTHE 2024 will be declared on November 08, 2024, for Class X students, November 13, 2024, for Class VII to IX, and November 16, 2024, for Class XI and XII students.

GDC Udhampur commemorates War Heroes on Kargil Vijay Diwas

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NCC Cadets, 2 J&K Girls Battalion and 2 J&K Boys Battalion, of GDC Udhampur commemorated the supreme sacrifices made by our Kargil War heroes. In a series of events, including a guest lecture on the theme "Kargil Ke Veeron Ko Salaam" by Hony Capt Koshal Kumar Sharma, screening of a documentary on the Kargil War, Plantation Drive, and floral tribute to the war heroes at Dhruva Shradhanjali Park, Udhampur.



The whole programme was organised under the able guidance of the worthy principal of the college, Dr. Sanjay Kumar Verma. On 25th July 2024, the lecture was delivered by retired Hony Capt Koshal Kumar Sharma. The event began with a formal welcome of the guest, Hony Capt Koshal Kumar Sharma, by the worthy principal of the college. During his welcome address, the principal paid his heartfelt thanks to the speaker, and appreciated the ANO Prof Vijay Kumar, and NCC Cadets of the college. While reflecting on the Kargil War and its aftermath repercussions, the principal brought into light the courage, patriotism and sacrifices of our soldiers.

During his lecture, Capt. Sharma shared his heart wrenching lived experiences

of the Kargil War. He said that it was very challenging to counter the enemies hiding at the top of steep rocks coupled with harsh weather conditions. Sometimes, stones shooting downward would take the shape of sharp weapons and wounded many Indian soldiers. Despite all the difficulties and adversities, our soldiers, including Capt. Vikram Batra, Grenadier Yogendra Yadav and many other Bravehearts led to an unprecedented victory over Pakistan. He advised the NCC cadets to join the Indian armed forces and serve the nation with utmost honesty and sincerity.

Among faculty, Prof Babu Lal Thakur, Prof Suresh Dogra and Prof Ashok Sharma were also present on the occasion. A formal vote of thanks was presented by

Prof Vijay Kumar. In another event, followed by the guest lecture, a documentary on Kargil war was screened wherein more than 70 NCC cadets and college staff were present. It was followed by a plantation drive during which more than 50 saplings were planted by the dignitaries, faculties and NCC cadets. On 26th July 2024, NCC cadets, 2 J&K Girls Bn and 2 J&K Boys Bn, accompanied by ANO Prof Vijay Kumar, paid floral tribute to the Kargil war heroes at Dhruva Shradhanjali Park, Udhampur. The whole programme was organised under the instructions of the Commanding Officer of 2J&K Boys Bn, Col Rajesh Jasrotia and Col Munish Jasrotia, the Commanding Officer of 2J&K Girls Bn and the supervision of Prof Vijay Kumar.

NILM NGO organizes drug abuse awareness and prevention programme

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National Incredible Literacy Mission organized drug abuse awareness and prevention programme in collaboration with directorate of school education Jammu at Govt. Middle School Raipur of the district Jammu. Here many students participated in the programme. During the programme Rakeshwar Singh Project Director NILM Jammu gave a detailed lecture over drugs addiction. He further added that drugs are degrading our youth of the JK UT and he requested the youth never indulge in the company of

those student who are consuming tobacco, cigarette and alcohol that is injurious to health, he added that drugs start from small things like smoking and ends with destruction. Tamana Sharma Guest Lecturer informed the gathering about the side effects of drugs and she told gathering about the circumstances how students get involved in the drugs. She also told the way of avoiding these circumstances.

Speaking on occasion Sheetal Devi Guest Lecturer and counsellor informed the gathering that youngsters get inspired through movies and film industries which are pro-

moting evil things of society. She added that drugs are the most dangerous things which can destroy the whole family of addicted person. Sunita Devi Headmistress appreciated the work of NILM NGO regarding awareness over such a sensitive issue. Geeta Sharma teacher gave a intellectual speech and presented vote of thanks at the end of programme. School and NILM NGO staff who actively participated in the programme included Sarika Master, Neeraj Singh Bali (NILM), Pooja Sahu and Sheetal Devi remain present during the occasion.

Lighting of candles on occasion of 'Kargil Vijay Diwas'

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To honour and recall the sacrifices of our brave and valiant soldiers, the 25th Anniversary of the Kargil Vijay Diwas was celebrated yesterday at Shradhanjali Park Udhampur, with due solemnity and dignity. Lieutenant General Vijay B Nair, SM, Chief of Staff, Northern Command, a large number of military & civil officials and all ranks and families of the garri-

son paid their homage and expressed eternal gratitude towards the 'Saviours of the Nation', by lighting candles. The day is a special occasion for the Indian Army, being the Rajat Jayanti Mahotsav of one of the most difficult battles fought and won by any country in the most hostile and challenging terrain.

The solemn function was a humble tribute to the Kargil bravehearts and an acknowledgement of their valour, sacrifice and fortitude.